

Fall Vipassana Retreat

Practicing Vipassana and Dependent Origination

October 22-24, 2010 (Friday-Sunday)

with **Barbara Brodsky, John Orr and Aaron**

Above Level 1

Howell Conference and Nature Center
near Brighton, MI

Open to all meditators who have completed a beginner's series of classes and are ready for the next level of instruction, and beyond. Aaron's book **No Chain At All** is recommended reading in preparation for the weekend, to familiarize people with the terms we will be using.



No Frills Retreat

for Experienced Students

April 15-17, 2011 (Friday-Sunday)

(No teacher)

Level 3

Howell Conference and Nature Center
near Brighton, MI

Students will meditate on their own throughout the day. Retreatants help keep the cost down by bringing food to share.



Deep Spring Silent Retreats

March 18-20, 2011 (Fri-Sun)

Level 1 and above

Steiner Rudolf House
1923 Geddes Ave, Ann Arbor, MI

Steiner Retreat

Residential and Commuter Retreat

with **Mary Grannan, Erica Dutton and Lisa Zucker**

Designed for first-time retreatants, beginners and anyone wanting to work with the basics. Instruction will be offered at each level. There will be an opportunity to meet one-on-one with the teachers.

www.deepspring.org

June 18-20 (Sat-Mon) and

June 18-24, 2011 (Sat-Fri)

Level 1 and above

Emrich Center
southwest of Brighton, MI

Summer Retreat

Theme to be Determined

with **Barbara Brodsky, John Orr, Peg Tappe, Aaron**

See web site for more details.

